



## Monday, May 8

- 7:30 am      **Final Registration**
- 8:30          **Opening Remarks**  
*Setting the Context*
- 9:30          **“From Durban to Lusaka”**  
Dr. Stuart Gillespie (IFPRI)
- 10:30        **TEABREAK**
- 11:00        **From Silos to Synergies: Envisioning Integration**
- 1:00          **LUNCH**

## 2:00      **CONCURRENT SKILLS BUILDING SESSION & SITE VISITS**

### Option 1: **Key Skill Building Session**

Venue: Mupani 1 & 2

**Moderator:** Janine Schooley (Project Concern International, USA) & LINKAGES

### **Infant and Young Child Feeding in the Context of HIV: What is Really Going On?**

*Our knowledge and guidance on infant and young-child feeding (IYCF) in the context of HIV keeps changing, and even if we know what the ideal practices should be, how realistic is it to expect that those practices are taking place? This session will provide an opportunity to experience first-hand the most challenging issues related to IYCF counseling and support in HIV/AIDS endemic settings. Participants will leave the session with an increased understanding of the practical challenges facing mothers and health workers in actually carrying out current policies and protocols related to exclusive breastfeeding and rapid weaning. The session will involve observation of counseling with real mothers and counselors, as well as hands-on demonstrations of “replacement feeding” preparation.*

### Option 2: **Site Visit**

#### **Site Visit 1**

- **Ukani Support Group/Development Aid from People to People**  
Project Name: **PLHA self-help to improve nutrition and livelihood**  
Location: Urban, Kalingalinga

*Come meet a highly empowered PLHA support group, promoting Positive Living, ART adherence, and enhanced nutrition for their members. Visit the communal garden they run in cooperation with an association of HIV+ teachers. See the immune-boosting foods they grow for consumption and sale, and learn how their savings and loan scheme works.*

## Site Visit 2

- **Makeni Women's Cooperative Society/CARE**

Project Name: Widow's mushroom and quail production project  
Location: Peri-Urban, Makini

*Visit with this self-sustaining widow's group growing oyster mushrooms and rearing quail to eat and raise income for OVC support. See the unique way these mushrooms are grown, the quail production unit, and learn from the women how they manage their savings and loan scheme and sustain their work.*

## Site Visit 3

- **Project Concern International**

Project Name: Strengthening ART adherence through nutritional support  
Location: Urban, Lusaka

*Visit with an ART clinic and a community HBC program to learn how these partners are working together to strengthen ART adherence through nutritional support. Learn about methodologies the program uses and challenges they face with targeting and exiting clients from nutritional support.*

## Sit Visit 4

- **World Vision/RAPIDS**

Project Name: Community mobilization to improve care, support and nutrition  
Location: Rural, Chalimbana

*See how a Community Care Coalition integrates home-based care for vulnerable families and children with nutrition and livelihood support, including help with household growing, community gardens, and livestock production. Learn how they are sustaining community livelihood projects and using income to help the most vulnerable.*

**5:30 Infant and Young Child Feeding in the Context of HIV: What is Really Going On?  
- CLOSE**

**6:00 Site Visit - CLOSE**

## Tuesday, May 9

**8:30 Morning Motivational**  
Clement Mfuzi (NZP+, Zambia)

*Clement is an artist by profession. He is also a farmer, so he believes strongly in the need for food as a basis for livelihood security. Since testing positive in 1991, Clement has been a very visible advocate for greater involvement and acceptance of people living with HIV. He has held many key positions in the Zambian HIV/AIDS movement and is a founding member of Zambia's Network of People living with HIV (NZP+), where he now serves as the National Coordinator.*

**9:00 Concurrent Presentation Sessions**

- **Session 1**

Venue: Mupani 2

**Facilitator:** Brenda Yamba (Save the Children US, Mozambique)

**Food Security! Dream or Reality?**

Helen Jones (Emmanuel International, Malawi)

*Will things ever change in Malawi?" After many years of programs and investment in communities' health and agriculture, food security has remained an elusive dream. Find out how the **ILIFE** (Improving Livelihoods through Improved Food) in Malawi is building hope and confidence in the reality of food security for Malawi.*

**Holistic Approach in Combating HIV/AIDS and Achieving Household Food Security**

Rica David (Voluntary Service Overseas, Malawi)

*Are you struggling to implement an HIV/AIDS program that is integrated with other program intervention areas, such as food security, environment, health and education? This presentation will serve as a starting point for your discussions about how to achieve holistic development at the household level.*

**Session 2**

Venue: Baobab Room

**Facilitator:** Yvonne Mulenga (Project Concern International, Zambia)

**Making the Medicine Work: Maximizing the Benefits of ART in Low-Income Settings**

Sibi Lawson (World Food Program, Zambia)

*Free treatment saves the lives of people who previously could not afford medicine. But these same people often face other challenges, such as not having enough food to eat at home. Find out how one group used innovative strategies to address these challenges with a combination of community-based adherence and nutritional support.*

**The Impact of Nutrition Interventions for Malnourished Patients Starting ART in Malawi**

Susan Thurstans (Action Against Hunger, Malawi)

*This presentation will detail the background, implementation and preliminary results from a pilot program that is part of the national scale-up of nutrition interventions for PLHA in Malawi. This Program assesses the impact of food interventions on morbidity, mortality, drug adherence and quality of life.*

- **Session 3**

Venue: Club Lounge

**Facilitator:** Godfrey Mitti (CARE International, Zimbabwe)

**Smallholder Dairy Farming: A Tool for HIV/AIDS Mitigation, Improved Food Security and Increased Incomes**

Girja Pandey (Golden Valley Agricultural Research Trust, Zambia)

*Based on a smallholder dairy development program in Zambia, this presentation will discuss non-clinical tools designed to mitigate the impacts of HIV&AIDS and food insecurity. Specifically, this presentation will describe how increased milk production can lead to improved nutrition, incomes and household food security, all of which serve as a first line of defense against both HIV and AIDS.*

### **Community Home Based Care – A Household Livelihood Perspective**

Trust Mlambo, (CARE, Zimbabwe)

*A collapsed economy, frequent droughts and hunger and debilitating poverty is hardly an environment to survive in, more especially for one trying to live positively with HIV and AIDS. CARE is implementing an integrated approach based on holistic livelihoods support in response to high HIV-AIDS epidemic in six districts in southern Zimbabwe. Find out how Ester left for dead on a road side survived to tell her story!*

**10:00** TEABREAK

### **10:30 Concurrent Panel Sessions**

- **Panel 1 – Making a Living at Farming: Adaptations for PLHA**

*Venue: Club Lounge*

**Facilitator:** Judy Canahuati (USAID, USA)

*Maintaining one's health, the ability to work, and providing for one's children, are goals for all families. When families are affected by HIV, even with adequate care and support, these goals become uniquely challenging. This panel will discuss how programs are assisting families and communities to make adaptations in commercial agriculture that will help them achieve and maintain food security to meet increased nutrient needs and provide for their children.*

**Panelists:** Fortunate Hofisi Nyakanda (African Farmers' Organic Research and Training, Zimbabwe); Fred Bwire (ACDI/VOCA, Kenya); Dr. Stephen W. Muliokela (Golden Valley Agricultural Research Trust, Zambia)

- **Panel 2 – Watching the Garden Grow: Exploring Innovative Approaches to Household Food Security**

*Venue: Mupani 1*

**Facilitator:** Carrie Miller (CRS, USA)

*This session will explore a variety of strategies including household gardens, training, and community support that, when effectively combined, can improve household food security, nutrition, and livelihoods for PLHA, OVC, and households affected by HIV/AIDS. Consideration will be given to a number of key issues such as measuring project effectiveness & impact, gender, and the needs of PLHA receiving ART.*

**Panelists:** Fadzai Mukonoweshuro (UN Food and Agriculture Organization, Zimbabwe); James Onyango (Kenya AIDS Intervention Prevention Project, Kenya); Anna Brazier (Consultant to JSI and IDE, Zimbabwe)

- **Panel 3 – Safety Nets: Old Wine in New Bottles or a Dynamic Response to HIV/AIDS?**

*Venue: Baobab Room*

**Facilitator:** Scott Drimie (RENEWAL, South Africa)

*In recent international debates, the creation and strengthening of social safety nets have emerged as key responses to the needs of the most vulnerable groups, particularly those affected by HIV/AIDS. Several organizations have developed safety net responses as a component of social protection, including the transfer of cash, food or other assets. The merits of these will be presented and debated in this important panel discussion.*

**Panelists:** Robbie Mwiinga (CARE International, Zambia); Kerina Zvobgo (ActionAid, Zimbabwe);

Martha Amondi Nyagaya (International Centre for Tropical Agriculture, Kenya)

- **Panel 4 –ART and Nutrition: What is the right investment strategy?**

Venue: Mupani 2

**Facilitator:** Bruce Wilkinson (World Vision, Zambia)

*Panelists will share their experiences of the essential and proven role of nutrition in optimizing the investments in the roll-out of ART. Do their experiences lead us to reconsider the relative importance we attach to potential investments in HIV/AIDS treatment? If so, what is the way forward? Come and join us for a lively discussion.*

**Panelists:** Jane Tendayi Maponga (ActionAid, Zimbabwe); Frank Mugisha (WE-ACTx, Rwanda); Genevieve Mwale (World Vision, Zambia)

**11:45 SMALL GROUP WORK**

Venue: Mupani 1 & 2

**12:30 LUNCH & “SHOW-N-TELL” DISPLAYS**

**2:00 CONCURRENT SKILL BUILDING SESSIONS & SITE VISITS**

**Option 1: Skill Building Session**

- **Adventures in Edutainment**

Venue: Baobab Room

**Facilitator:** Patrick Chiyesu, (Chingola Community Initiative Support, Zambia); AnneRose Maina (AFRIAFYA, Kenya); Gay Nyakwende (One World Africa, Zambia)

*This workshop introduces the concept of ‘edutainment’ (education with entertainment) as an important way of communicating new ideas with communities. Session leaders will demonstrate how to identify, plan and apply effective communication strategies using edutainment methodologies.*

- **Cooking without Fire and Less Smoke: How to Live a Better Life by Saving Energy**

Venue: Mupani 2

**Facilitator:** Christa Roth (GTZ, Zambia)

*Do you want to reduce your expenditure for cooking fuel? Do you want to learn simple tips to save energy? This session will provide simple practical examples of how PLHA can save energy, time and resources in food preparation. Participants will also learn how to make their own fireless cooker.*

- **Linking Bio-intensive Agriculture with HIV/AIDS and Nutrition**

Venue: Lilayi Farm

**Facilitator:** Deborah Wafer (Global Service Corps, Tanzania)

*Are you having difficulty teaching farmers how to use less chemicals & water, nourish the soil, grow more nutritious vegetables, prevent HIV/AIDS and decrease overhead costs? If so, this is the workshop for you!*

- **Practical Self-Care in the Age of ARVs**

Venue: Mupani 1

**Facilitator:** Tara Fitzgerald (Trust for Indigenous Culture & Health, Kenya)  
**Co-Facilitator:** Jaddu Rawi (Trust for Indigenous Culture & Health, Kenya)

*Can you name a plant that is used to boost immunity, treat skin infections and/or treat stomach problems? Join us to find out how you can work with your community to explore your local environment and gather nutritional and herbal advice to manage opportunistic infections in HIV-affected families.*

- **Soybean Processing and Utilization: The Way to Good Health**

Venue: Club Lounge

**Facilitator:** Omo Ohiokpehai (Tropical Soil Biology and Fertility Institute of CIAT, Kenya)

*The reduction of rural poverty is not just the duty of scientists in white lab coats. We will show you that processing to improve taste, nutrition and income is both a science and a joyous thing! Come to this session where soybean processing science interfaces with art to produce tasty and healthy foods.*

## Option 2: Site Visits

- **Golden Valley Agricultural Research Trust (GART)**

Project Name: Strengthening food security amongst small holder farmers

Location: Farm, near Chisamba

*Learn about conservation farming technologies being developed to save labor and stabilize crop production, as well as techniques for seed and planting material multiplication that can be used to sustain crop diversification.*

- **Chainda Child and Family Helpers/Christina Children's Fund**

Project Name: Community mobilization and capacity building to improve agricultural production and nutrition

Location: Rural, Chainda

*Learn how this community comes together to grow traditional, hardier and healthier foods and cook in ways that enhance nutrition. See demonstration of traditional food preservation techniques. Meet the community PLHA support group working to improve nutrition and ART adherence, that has succeeded in reducing stigma in their community.*

- **Nazarene Compassionate Ministry**

Project Name: Caregivers food security program for HIV/AIDS- affected households

Location: Rural, Chipongwe

*Come and see how this faith-based and volunteer-driven program is strengthening local agricultural production and food security. Vulnerable families are learning how to produce healthier foods, improve nutrition, and manage small businesses.*

**5:30 Skill Building Sessions - CLOSE**

**6:00 Site Visit - CLOSE**

## Wednesday, May 10

**8:30 Morning Motivational**

Monique Tondoi Wanjala (AWOMI/ Women Fighting AIDS in Kenya, Kenya)

*Monique is a social economist by profession, and was diagnosed with HIV in 1994. She makes no apologies for being HIV+ and chooses to live openly because she believes she has a right to live her life just like any other person. She also feels compelled to lead the struggle against HIV-related stigma, in pursuit of a better life for herself and for others who are not as strong as she is. She is a mother, a daughter, a sister, a friend, a lover and a caregiver/provider, balancing multiple roles while managing her household, working, feeding her family and raising her children.*

## **9:00 CONCURRENT PRESENTATION SESSIONS**

- **Session 1**

*Venue: Mupani 2*

**Facilitator:** Charles Chabala (World Vision, Zambia)

### **LRAP: Alternative Response to Food and Livelihoods Insecurity**

PJ Lerotholi (CARE, Lesotho)

*Livelihoods Recovery through Agriculture Project (LRAP) was a response to regional food crises or applied in Lesotho. LRAP demonstrates the value of evidence-based research, policy influence, effective partnership with government, and embedding staff into host ministries. LRAP reaches people living with HIV/AIDS by promoting homestead agriculture techniques and technologies that address their needs. This presentation will present an overview of LRAP and practical lessons learned and best practices that can be applied to other settings.*

### **Micro-farming: A Complementary Strategy to Address HIV/AIDS in Resource-Constrained Settings**

James Onyango (Kenya AIDS Intervention Prevention Project, Kenya)

*Are you struggling to deal with HIV/AIDS within food insecure settings? Are you faced with the challenges of maintaining food and nutrition security among low-income HIV/AIDS affected households? Are you wondering how you may delay the progression of your HIV-infected patients to full-blown AIDS? This session will expose you to an innovative step-by-step model of HIV/AIDS prevention, care and mitigation within resource-constrained communities using food-based strategies.*

- **Session 2**

*Venue: Baobab Room*

**Facilitator:** Kate Vorley (Project Concern International, Zambia)

### **CTC and Plumpynut - An Effective and Delicious Method of Treating Severe Acute Malnutrition, Including PLHA**

Stanley Mwase (Concern Worldwide, Malawi)

*Community Therapeutic Care (CTC) is a new approach for the treatment of severe acute malnutrition, which helps to empower communities, particularly women, in the prevention and treatment of malnutrition, decreasing the length of stay of inpatients, inexpensively and effectively. Equally important, Plumpynut, a key component of CTC, has proven to be especially effective with children, because the delicious taste makes it easy to administer the treatment in young patients.*

### **School Feeding as an Entry Point to Building Resilient Communities**

Walleligne Alemaw (Project Concern International, Ethiopia)

*In Ethiopia, Project Concern International, in partnership with the World Food Program and the Ethiopian Ministry of Education, are implementing the CHILD (Children in Local Development) methodology, which focuses on schools as strategic entry points for responding to the needs of vulnerable children, serving as launching pads for integrated community development. The program builds social capital, stimulates a self-help mentality and community resiliency, and ensures external aid supports local action planning.*

- **Session 3**

Venue: Club Lounge

**Facilitator:** Freddy Mubanga (National Food and Nutrition Commission, Zambia)

**Measuring the Impact of Food Aid on AIDS-related Beneficiary Groups**

Susan Strasser (Catholic Relief Services/C-SAFE, Zambia)

*What do we know about how to measure the impact of targeted food assistance on people in HBC programs, people on ART, TB patients and/or women in PMTCT programs? This session will share the results of a three-country survey, offering recommendations for appropriate individual, household and program-level indicators. A rousing discussion is anticipated and welcomed!*

**10:00** TEABREAK

**10:30 CONCURRENT PANEL SESSIONS**

**Panel 1 – Mainstreaming HIV/AIDS and Livelihoods: Where Do I Start and Where Do I Go?**

Venue: Club Lounge

**Facilitator:** Patrick Nganzi (Concern Universal, Malawi)

*The vision of 'mainstreaming HIV/AIDS' is that people working in diverse health and development programs are all directing their efforts to address the realities of the pandemic. However, many people are confused about what 'mainstreaming' actually looks like in daily work. Others use the term, but don't actually do anything differently compared to 20 years ago. This panel will review practical examples, discussing successes and challenges with mainstreaming.*

**Panelists:** John Makina (Oxfam, Malawi); Doris Kaunda (CARE, Malawi); Jephias Mundondo (Family AIDS Caring Trust, Zimbabwe)

- **Panel 2 – Securing Africa's Future: Linking Food, Nutrition and OVC Programming**

Venue: Mupani 1

**Facilitator:** Francis Battal (World Vision, South Africa)

*As the impact of the AIDS pandemic unfolds and dependency ratios continue to climb, the effects of household food insecurity on children are becoming increasingly visible. This panel will identify the challenges of providing integrated programming that is suitable for this particular target group, and explore a range of food security interventions that can be applied to OVC.*

**Panelists:** Hopewell Gift Zheke, CRS/Strive, Zimbabwe; Brenda Yamba (Save the Children US, Mozambique); Kate Vorley (Project Concern International, Zambia)

- **Panel 3 – Integrated Food and Nutrition Security and Livelihoods Programs: Making a Difference**

Venue: Baobab Room

**Facilitator:** Bruce Frayne (IFPRI, Ethiopia)

*While we know that real, long lasting impacts of interventions must be integrated to succeed, how do we ensure that integration happens across sectors? Join us in this important discussion as we explore ways to integrate our programs to improve the circumstances of people and communities impacted by AIDS.*

**Panelists:** Esther Mweso (Concern Universal, Malawi); Joanne Manda (DfID, Zimbabwe); Philemon Dlamini (Red Cross Society, Swaziland)

#### **Panel 4 – Community Resilience: A Permanent Solution**

*Venue: Mupani 2*

**Facilitator:** Chileshe Chilangwa -Collins (HODI, Zambia)

*HIV/AIDS has been devastating communities and there is not yet a single 'best way' to bolster people against its effects, however communities have developed many best practices and solutions of their own. This session explores some of the interventions implemented by civil society and governments to lessen or eliminate vulnerability which arises as a direct result of HIV/AIDS infection in a community.*

**Panelists:** Evaristo Maanya (CARE, Zambia); Novice Bamusi (Save the Children, Malawi); Ernest Silungwe (World Vision, Zambia)

#### **Panel 5– ART and Nutrition: What is the Right Investment Strategy? \*REPEAT\***

*Venue: The Boardroom*

**Facilitator:** Bruce Wilkinson (World Vision, Zambia)

*Panelists will share their experiences of the essential and proven role of nutrition in optimizing the investments in the roll-out of ART. Do their experiences lead us to reconsider the relative importance we attach to potential investments in HIV/AIDS treatment? If so, what is the way forward? Come and join us for a lively discussion.*

**Panelists:** Jane Tendayi Maponga (ActionAid, Zimbabwe); Frank Mugisha (WE-ACTx, Rwanda); Genevieve Mwale (World Vision, Zambia)

#### **11:45 SMALL GROUP WORK**

*Venue: Mupani 1 & 2*

#### **12:30 LUNCH & FILM OPTION**

**Film Title:** Adapting the Rules to Meet the Needs of the Most Vulnerable  
*Facilitated by: Maren Lieberum (Oxfam, South Africa)*

*There are many innovative programs in Southern Africa which aim to increase household and community food security and livelihood options as one strategy to mitigate the negative impacts of HIV and AIDS. Drawing on case studies, this session discusses the impacts and long term potential of food and nutrition security programs in AIDS affected areas.*

#### **2:00 CONCURRENT SKILL BUILDING SESSIONS & SITE VISITS**

##### **Option 1: Skill Building Sessions**

- **Keyhole Garden: A Quiet Revolution in Homestead Gardening**  
*Venue: TBD*  
**Facilitator:** Tlale Ntsie (CARE, Lesotho)

Co-facilitator: PJ Lerotholi (CARE, Lesotho)

*This demonstration is intended to show the benefits of a keyhole garden as well as present how one is constructed. The demonstration model will be approximately one quarter of the normal size of the keyhole, but will have all features found in a full size garden. After the demonstration, participants will also be able to practice the construction of a keyhole garden themselves.*

- **Assessing the Impact of Food/Nutrition Interventions on PLHA**

Venue: Pamodzi

**Facilitator:** Susan Strasser (Catholic Relief Services, Southern Africa)

*This session will explore the complexity of measuring the impact of targeted food assistance on the chronically ill. Using case studies and sample survey tools we will assess the objectives, usefulness and limits of a variety of quantitative and qualitative tools. We will explore the need for improved M&E while addressing practical challenges such as time, cost and donor requirements.*

- **Never Ending Food with Permaculture**

Venue: Pamodzi Garden

**Facilitator:** Stacia Nordin (GTZ, Malawi)

*Growing a wide variety of foods all year long has never been so easy! Using natural systems as our guide, permaculture will help you design ANY size area in ANY location to get maximum benefit. Come and learn the principles of design and apply them right here at the Pamodzi Hotel.*

- **Stop Shooting Blind! Finding the Connections So That We Can Hit Them.**

Venue: Pamodzi

**Facilitator:** Phil Moses (Consultant, USA)

*Yes, we all know that HIV/AIDS and food insecurity are connected, but how, where, and with whom? Come to this workshop to learn about assessment tools that will help you better understand the linkages between food security and HIV/AIDS in your communities, and ensure your programs are on target.*

- **Creating Affordable, Sustainable Food Sources for People Living With HIV/AIDS**

Venue: TBD

**Facilitator:** Rabson Katebe (Luapula Foundation, Zambia)

**Co-facilitator:** Ben Chembe (Luapula Foundation, Zambia)

*Do your chronically ill clients struggle to sustain their nutritional status? Food production for PLHA need not be expensive and labor intensive. Come discover a way to raise wholesome vegetables without the need for expensive chemical fertilizers and pesticides, and to dry these vegetables for use during the "hungry season."*

## Option 2: Site Visit

- **Land O'Lakes**

Project Title: Improved Food Security Through Dairy Development

Location: Palabana (Rural)

Visit an enhanced Milk Collection Center to meet farmers and cooperative board members. Learn how they are improving livelihoods and food security, by increasing the quality and quantity

of milk production. Also find out how they are improving animal husbandry, feed conservation, and pasture management.

- **Zambia Interfaith Networking Group on HIV/AIDS (ZINGO)**  
Project Title: Bible Gospel Outreach Church of Africa OVC Project (BIGOCA)  
Location: Matero (Urban)

*Learn about this faith-based approach to strengthening community capacity to care for OVC. See how community OVC caregivers are being empowered to grow their own food, even in crowded urban settings, and to work together to provide education and nutritional care for OVC, in addition to support for vulnerable families.*

**5:30 Skill Building Sessions - CLOSE**

**6:00 Site Visit - CLOSE**

**Thursday, May 11**

**8:30 Address to Plenary: Dr Jeffery Sachs**

**9:00 CONCURRENT PRESENTATION SESSIONS**

- **Session 1**  
Venue: Mupani 2  
Facilitator: Benard Ochieng (CARE, Kenya)

#### **The Future in Our Hands: Involving Youth in Sustainable Action to Improve Food Security**

Joshua Machinga (Common Ground Program, Kenya)

*The Common Ground Program in Kenya offers skills training to OVC, preparing them to go out as trainers, to prepare food gardens for PLHA and affected families, and distribute seeds and tools. This has helped allay malnutrition and hunger, doubled school attendance and improved academic performance. In 2005, 18 children were able to assist over 2,500 families, keeping hope alive for today, tomorrow and the future.*

#### **HIV/AIDS and Older Persons in Kenya**

Martin Mubisi (HelpAge, Kenya)

*Are you reluctant to include older persons in the design of your HIV/AIDS programs? Are you frustrated that the issues of older persons are not 'sexy' and therefore do not receive sufficient societal attention? This session will share practical livelihood interventions that can improve the health and nutrition of older persons and those they care for in the context of HIV/AIDS. In addition, the panelists will present ideas on how to effectively promote the special needs of older AIDS patients.*

- **Session 2**  
Venue: Baobab Room  
Facilitator: Edmund Kayombo (Muhimbili University, Tanzania)

#### **Monitoring a Comprehensive HIV/AIDS Program: Nightmare or an Opportunity?**

Oiye Shadrack Okoth (Rural Outreach Program, Kenya)

*A comprehensive HIV/AIDS program can have many interrelated activities taking place simultaneously. This may pose a real challenge to project implementation and the realization of target outcomes. This presentation provides a case study of how a grassroots-based NGO in western Kenya has managed to effectively monitor a comprehensive HIV/AIDS program.*

### **Monitoring Home Based Care**

Ivan Masembe (Hope Restoration Community Foundation, Uganda)

*Session description not available*

- **Session 3**

*Venue: Club Lounge*

**Facilitator:** John Makina, (Oxfam, Malawi)

### **Assisting PLHA Through Nutrition Retreats in Resource-Scarce Settings**

Elijah Talemwa (Minnesota International Health Volunteers, Uganda)

*Do you work in a remote area with few resources for PLHA and little access to ARVs? Are you trying to improve the quality of life for your HIV+ clients through education and outreach? This session will share results and lessons learned from MIHV's (Minnesota International Health Volunteers') 3-day long nutrition retreats for PLHA.*

### **The Junior Farmer Field and Life School Approach in Zambia**

Saskia Husken (UN Food and Agriculture Organization, Zambia)

*Learn about this unique approach of empowering orphans and vulnerable children living in a world with HIV&AIDS. By providing OVC with life skills and agricultural knowledge, they are able to generate income for themselves and begin to seek a better future.*

**10:00** TEABREAK

## **10:30 CONCURRENT PANEL SESSIONS**

- **Panel 1 – Listening to Our Grannies: Back to Basics for a Long and Healthy Life!**

*Venue: Mupani 2*

**Facilitator:** Lynde Francis (The Centre, Zimbabwe)

*Incorporating and sustaining 'Positive Living' strategies is key to the successful management of HIV. You already know 'why'. This session will explore the 'what, when and how' questions that will help you to envision 'where' to build Positive Living themes into your programming.*

**Panelists:** Elise Soerensen (Development Aid from People to People, Zambia); Maria Tokwani (CARE, Zimbabwe); Clement Mfuzi (NPZ+, Zambia)

- **Panel 2 - Food Aid for PLHA on ART: What Constitutes Entry and Exit Criteria?**

*Venue: Mupani 1*

**Facilitator:** Yvonne Mulenga

*Panelists will share their experiences in designing and implementing food aid programs for PLHA on ART. Specifically, they will discuss the health, social and economic indicators to consider when establishing entry and exit criteria. They will also discuss sustainable economic empowerment/income generating programs to consider for PLHA who have exited*

from the food aid program. If you are implementing or intend to design and implement a food aid program for PLHA on ART, this is a 'must attend' session.

**Panelists:** Rebecca Mwape (Community Based TB/HIV Program, Zambia); Shampulula Kabamba (ART Adherence & Nutrition Program, Zambia) ; and Calum Mc Gregor (CELM, Zambia).

- **Panel 3 – HIV/AIDS and Emergencies - From Policy to Practice**

Venue: Club Lounge

Facilitator: Anne Witteveen (Oxfam, South Africa)

*The recent Southern Africa food crises have opened our eyes to the impact of HIV/AIDS on food security, teaching us how important it is to deliberately integrate HIV/AIDS into humanitarian responses. This panel will examine some of the elements contained in recently developed policies and guidelines, and test them against what actually happens in the field.*

**Panelists:** Susan Amoaten (Concern Worldwide, Mozambique); Francesca Erdelmann (World Food Program, Mozambique); and TBD.

- **Panel 4 – Overcoming Challenges in Operational Research**

Venue: Baobab Room

Facilitator: Jane Chege (Word Vision, Zambia)

*Understanding the impact of food, nutrition and livelihood interventions on HIV and AIDS outcomes is critical. However, there are many unique aspects of HIV and AIDS that make conducting operations research especially challenging. Panelists will share their experiences, identify the pitfalls and suggest ways of overcoming hurdles.*

**Panelists:** Linda Lovick (Catholic Relief Services, Zambia); Gina Ziervogel (University of Cape Town, South Africa); Edmund Kayombo (Muhimbili University, Tanzania)

- **Panel 5 – OVCs and Food Security \*REPEAT\***

Venue: Boardroom

Facilitator: Francis Battal (World Vision, South Africa)

*As the impact of the AIDS pandemic unfolds and dependency ratios continue to climb, the effects of household food insecurity on children are becoming increasingly visible. This panel will identify the challenges of providing integrated programming that is suitable for this particular target group, and explore a range of food security interventions that can be applied to OVC.*

**Panelists:** Hopewell Gift Zheke, CRS/Strive, Zimbabwe; Brenda Yamba (Save the Children US, Mozambique); Kate Vorley (Project Concern International, Zambia)

## 11:45 SMALL GROUP WORK

Venue: Mupani 1 & 2

## 12:30 LUNCH & FILM OPTION

**Film Title:** The Children They Are Left With  
Facilitated by: Susan Strasser (CRS, Zambia)

*The short documentary directed by Peter Jordan, explores the day to day lives of a family of orphans. Set in Zimbabwe, it provides a unique and thought-provoking look at daily life, care and farming issues from the children's perspective in this child-headed household. Come*

**2:00 Consolidation and Affirmation of the Declaration**

**6.00 CLOSE**

**Friday, May 12**

**8:30 Morning Motivational**

Lynde Francis (The Centre, Zimbabwe)

*Lynde Francis tested positive in 1996. Her passion for nutritional intervention in illness, sustainable agriculture and her activism collided with her HIV status to produce a unique program, "The Centre", run by and for PLHA in Zimbabwe. She also wrote the very popular handbook 'Positive Living: Food and Us', published by John Snow Institute in 2003. Lynde practices what she preaches and recently celebrated her 20th anniversary of Living Positively!*

**9:00 "Back by Popular Demand"**

- **Skills Building - Never Ending Food with Permaculture**

Venue: Pamodzi Garden

Stacia Nordin (GTZ, Malawi)

*Growing a wide variety of foods all year long has never been so easy! Using natural systems as our guide, permaculture will help you design ANY size area in ANY location to get maximum benefit. Come and learn the principles of design and apply them right here at the Pamodzi Hotel.*

- **Panel – Mainstreaming HIV/AIDS and Livelihoods: Where Do I Start and Where Do I Go?**

**Facilitator:** Patrick Nganzi (Concern Universal, Malawi)

*The vision of 'mainstreaming HIV/AIDS' is that people working in diverse health and development programs are all directing their efforts to address the realities of the pandemic. However, many people are confused about what 'mainstreaming' actually looks like in daily work. Others use the term, but don't actually do anything differently compared to 20 years ago. This panel will review practical examples, discussing successes and challenges with mainstreaming.*

**Panelists:** John Makina (Oxfam, Malawi); Doris Kaunda (CARE, Malawi); Jephias Mundondo (Family AIDS Caring Trust, Zimbabwe)

- **Infant and Young Child Feeding in the Context of HIV: What is Really Going On?**

Venue: Club Lounge

*Our knowledge and guidance on infant and young-child feeding (IYCF) in the context of HIV keeps changing, and even if we know what the ideal practices should be, how realistic is it to expect that those practices are taking place? This session will provide an opportunity to experience first-hand the most challenging issues related to IYCF counseling and support in*

*HIV/AIDS endemic settings. Participants will leave the session with an increased understanding of the practical challenges facing mothers and health workers in actually carrying out current policies and protocols related to exclusive breastfeeding and rapid weaning. The session will involve observation of counseling with real mothers and counselors, as well as hands-on demonstrations of “replacement feeding” preparation.*

- **Cooking without Fire and Less Smoke: How to Live a Better Life by Saving Energy**

Venue: Baobab

**Facilitator:** Christa Roth (GTZ, Zambia)

*Do you want to reduce your expenditure for cooking fuel? Do you want to learn simple tips to save energy? This session will provide simple practical examples of how PLHA can save energy, time and resources in food preparation. Participants will also learn how to make their own fireless cooker.*

**10:00** TEABREAK & TASTE-AND-TOUCH & GALLERY WALK

**11:00** **Commitments for Future Action**

**11:30** **Summary of Learning**

Bruce Wilkinson (World Vision, Zambia)

**12:00** **Closing Remarks**

George Guimaraes (President and CEO, Project Concern International)

**12:30** **Closing**

Dr. Kenneth Kaunda (Founding President of Zambia)